



SALLISAW PUBLIC SCHOOLS

Sallisaw High School Breakfast and Lunch Menu March 2023



Alternate Cereal, Oatmeal & Yogurt Bar available for
Breakfast Daily

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		!!! IMPORTANT !!! Please remember to pay your breakfast and lunch bills daily, weekly or monthly.		
27	28	1	2	3
Breakfast Boat Fruit Juice, Milk Fish and Fries Pinto Beans Hushpuppies Coleslaw Fresh Fruit and Vegetable Bar Milk PBJ Sandwich/Veggie	French Toast Sticks Fruit Juice, Milk Beef n Cheese Nacho's Sweet Corn Salsa Fresh Fruit and Vegetable Bar Milk Burrito/Veggie	Breakfast Pizza Fruit Juice, Milk Chicken Nuggets Mashed Potatoes and Gravy Black Eyed Peas Hot Roll Fresh Fruit and Vegetable Bar Milk Chicken Nuggets/Potato	Loaded Breakfast Burrito Fruit Juice, Milk Chili Dog Shredded Cheese French Fries Fresh Fruit and Vegetable Bar Banana Cream Pudding Milk Hamburger/Veggie	Biscuits and Gravy Fruit Juice, Milk Baked Potato Bar "Fixins" Breadstick Fresh Fruit and Vegetable Bar Cookie Milk Pizza/Salad
6	7	8	9	10
Biscuits and Gravy Fruit Juice, Milk BBQ Sandwich w/ Baked Beans Pickle Spears Corn Chips Fresh Fruit and Vegetable Bar Oreo Pudding Milk Mr. Ribb Sandwich/Veggie	Cinnamon Toast and Cereal Fruit, Juice and Milk National Cereal Day Crispito w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk SAME	Sausage Biscuit Fruit Juice, Milk Chicken Tenders Mashed Potatoes and Gravy Sweet Peas Hot Roll Fresh Fruit and Vegetable Bar Milk Chicken Nuggets/Potato	Pancake on a Stick Fruit Juice, Milk Chicken Ceasar Wrap Broccoli and Ranch Sun Chips Fresh Fruit Cup Fresh Fruit and Vegetable Bar Milk Hamburger/Veggie	
13	14	15	16	17
SPRING BREAK MARCH 13th - MARCH 17th				
20	21	22	23	24
Biscuits and Gravy Fruit Juice, Milk Breaded Chicken Sandwich Lettuce, Tomato and Pickle Potato Chips Fresh Fruit and Vegetable Bar Fruit Fluff Milk Grilled Chicken Sandwich/Veggie	Pancake on a Stick Fruit Juice, Milk Crunchy Beef Taco's Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk National Crunchy Taco Day Burrito/Veggie	Sausage Biscuit Fruit Juice, Milk Popcorn Chicken Mashed Potatoes and Gravy Black Eyed Peas Hot Roll Fresh Fruit and Vegetable Bar Milk Chicken Nuggets/Potato	Omelet, Bacon and Toast Fruit Juice, Milk Pig in a Blanket Dipping Sauce Tator Tots Fresh Fruit and Vegetable Bar Milk Hamburger/Veggie	Biscuits and Gravy Fruit Juice, Milk Broccoli and Cheese Soup Breadstick Fresh Fruit and Vegetable Bar Apple Cake Milk Pizza/Salad
27	28	29	30	31
Smoothie and Toast Fruit Juice, Milk Personal Pan Pizza Strawberry Spinach Salad Marinara Sauce Fresh Fruit and Vegetable Bar Milk CornDog/Veggie	High School Griddle Fruit Juice, Milk Asian Chicken Bar Sweet n Sour, Teriyaki or General Tso Lo Mein Noodles Fresh Fruit and Vegetable Bar Fortune Cookie Milk Egg Roll and Lo Mein Noodles	Breakfast Pizza Fruit Juice, Milk Salisbury Steak Mashed Potatoes and Gravy Green Beans Hot Roll Fresh Fruit and Vegetable Bar Milk Chicken Nuggets/Potato	Donut Fruit Juice, Milk Hot Wings Potato Wedges Sliced Bread and Butter Fresh Fruit and Vegetable Bar Ice Cream Milk BBQ Wings/Veggie	Biscuits and Gravy Fruit Juice, Milk Build Your Own Salad Bar "Fixins" Crackers or Breadstick Fresh Fruit Cookie Milk Pizza/Salad

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.